



Qualification Specification

iCT3C6 - VTCT Skills (ITEC) Level 3 Certificate in
Anatomy, Physiology and Pathology for the
Complementary Therapist

603/4100/2

About VTCT Skills

VTCT Skills is a market-leading specialist vocational and technical Awarding Organisation.

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Qualification at a glance

Qualification title	VTCT Skills (ITEC) Level 3 Certificate in Anatomy, Physiology and Pathology for the Complementary Therapist
Qualification number	603/4100/2
Product code	iCT3C6
First registration date	01/10/2019
Age range	16-18, 19+
Credit value	13
Total Qualification Time (TQT)	130
Guided Learning (GL) hours	94
Assessment	To be awarded this qualification, learners must successfully achieve the following assessments: • External theory examination
Grading	Pass/Merit/Distinction
Entry requirements	There are no formal prerequisite qualifications that learners must have prior to undertaking this qualification. It is the responsibility of the centre to ensure that learners have the required knowledge, understanding and skills to enrol and successfully achieve this qualification.

About this qualification

Aims and objectives

The main aim of the VTCT Skills (ITEC) Level 3 Certificate in Anatomy, Physiology and Pathology is to enable learners to gain the necessary underpinning knowledge of anatomy, physiology and pathology required by the complementary therapies industry. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 3. It also provides a sound platform into further training at level 3.

Content

This qualification is for learners who want to work within the complementary therapies industry. The qualification consists of 1 mandatory unit with a total of 94 hours of Guided Learning (GL) to achieve the full qualification.

The main knowledge the learner will develop is:

- The organisation of the body – to include cells, planes, anatomical regions, quadrants, chemical, and structure, function and type of cells
- The anatomy, physiology and pathologies of the body systems – to include skin, hair and nails, skeletal, muscular, nervous, endocrine, respiratory, cardiovascular, lymphatic, digestive, urinary and reproductive

Opportunities for progression

Once learners have achieved the VTCT Skills (ITEC) Level 3 Certificate in Anatomy, Physiology and Pathology for Complementary Therapies they may progress on to other VTCT Skills or equivalent qualifications at level 3 for example:

- Level 3 Diploma in Complementary Therapies
- Level 3 Diploma in Massage
- Level 3 Diploma in Reflexology
- Level 3 Diploma in Aromatherapy

Relationship to National Occupational Standards

This qualification has mapped to National Occupational Standards where they exist and has ensured that best practice in the workplace has been reflected in the qualification. This qualification is linked to the relative job roles as well as ensuring that the qualification reflects the required level of knowledge of anatomy, physiology and pathology for the complementary therapist at level 3.

Qualification structure

To be awarded VTCT Skills (ITEC) Level 3 Certificate in Anatomy, Physiology and Pathology, learners must achieve all mandatory units.

The minimum GLH required for this qualification is 94

The minimum TQT required for this qualification is 130

Table 1

Unit code	Mandatory units	Guided Learning Hours (GLH)	Unit reference number
iUCT38	Knowledge of anatomy, physiology and pathology for complementary therapies	94	L/617/4358

Guided Learning Hours (GLH)

Guided Learning Hours is 'the activity of a learner in being taught or instructed by – or otherwise participating in education or training under the immediate guidance or supervision of – a lecturer, supervisor, tutor or other appropriate provider of education or training'. This includes 'the activity of being assessed if the assessment takes place under the immediate guidance or supervision of a lecturer, supervisor, tutor or other appropriate provider of education or training'.

Total Qualification Time (TQT)

Total Qualification Time is the number of notional hours which represents an estimate of the total amount of time that could reasonably be expected to be required, in order for a learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of the qualification.

Assessment

The VTCT Skills (ITEC) Level 3 Certificate in Anatomy, Physiology and Pathology will be externally assessed via methods set out in Table 2 below.

Table 2

Unit code	Mandatory units	Assessment	Grading
iUCT38	Knowledge of anatomy, physiology and pathology for complementary therapies	MCQ	Pass 50%-74% Merit 75%-89% Distinction 90%-100%

Unit specifications and additional supporting material for this qualification can be found on the VTCT Skills website.

Grading of the qualification

Learners must achieve a Pass grade or higher in the requisite number of units as specified in the rules of combination, see table 1 above. Only mandatory units which are graded Pass/Merit/Distinction will contribute to the overall grade.

Theory examinations will be graded Pass/Merit/Distinction.

The overall qualification is graded Pass/Merit/Distinction.

Grade boundaries for units and the overall calculation for the qualification grade are open to annual review. Following this review, these boundaries and overall calculations can be adjusted by VTCT Skills. This review and possible change within a qualification are to ensure the standard of the qualification grade is upheld throughout the qualification's lifecycle.

Theory examination

All theory tests must be conducted in a controlled environment and follow the procedures defined by VTCT Skills. The theory tests will be set and marked by VTCT Skills. The centre is responsible for ensuring the examination can operate seamlessly by organising the process as defined in the 'Instructions for Conducting Examinations' which can be found on the VTCT Skills website.

Quality assurance

Delivery of the qualification

A scheme of work must be approved by VTCT Skills for all units prior to the commencement of the course.

Delivery of the qualification will encompass all of the assessment criteria, learning outcomes and underpinning knowledge identified by VTCT Skills in the design of the qualification.

Centre resources

The organisation delivering the qualification must provide a suitable classroom environment for teaching the VTCT Skills (ITEC) Level 3 Certificate in Anatomy, Physiology and Pathology for Complementary Therapies.

Achievement record

All units will require an Achievement Record to be completed by the lecturer for each learner. This achievement record will need to be kept by the centre and may be sampled by the external examiner or external quality assurer on their visit.

An Achievement Record for each unit can be downloaded from the VTCT Skills website.

Document History

Version	Issue Date	Changes	Role
v0.3	14/05/2019	Draft version published to inform centres prior to September launch.	Systems Integration Team
v1.0	13/09/2019	First published	Head of Qualifications and Processing
v2.0	03/12/2019	Added grade boundary review	Qualifications Administrator
v3.0	01/01/2025	New branding	Qualifications Administrator
v4.0	28/08/2026	Rebranding	Development Administrator