
Qualification Specification

iBT3D9 - VTCT Skills (ITEC) Level 3 Diploma in Anatomy and Physiology

603/4038/1

About VTCT Skills

VTCT Skills is a market-leading specialist vocational and technical Awarding Organisation.

We offer a comprehensive range of qualifications, assessments and services in 17 sectors, including Hairdressing, Beauty, Logistics and Early Years. Working closely with employers and training providers, our ranges are backed by industry and trusted around the world.

With over 3,000 training locations, we help over 120,000 learners achieve professional skills that transform their lives, every year.

For more information, please visit our website or contact our dedicated Customer Support Team via email; customersupport@vtctskills.org.uk or call +44 (0)23 8068 4500.

www.vtctskills.org.uk.

Qualification at a glance

Qualification title	VTCT Skills (ITEC) Level 3 Diploma in Anatomy and Physiology
Qualification number	603/4038/1
Product code	iBT3D9
First registration date	01/10/2019
Age range	16-18, 19+
Total Qualification Time (TQT)	370
Guided Learning (GL) hours	100
Assessment	To be awarded this qualification, learners must successfully achieve the following assessments: • External theory examination
Grading	Pass/Merit/Distinction
Entry requirements	There are no formal prerequisite qualifications that learners must have prior to undertaking this qualification. It is the responsibility of the centre to ensure that learners have the required knowledge, understanding and skills to enrol and successfully achieve this qualification.

About this qualification

Aims and objectives

The main aim of the VTCT Skills (ITEC) Level 3 Diploma in Anatomy and Physiology is to enable learners to gain the necessary underpinning knowledge of anatomy, physiology and pathology required by the complementary therapies, beauty therapy and sport and fitness industry. This qualification is suitable for learners aged 16 and over and is designed to provide occupational competence at level 3. It also provides a sound platform into further training at level 3.

Content

This qualification is for learners who want to work within the complementary therapies, beauty therapy or sport and fitness industry. The qualification consists of 1 mandatory unit with a total of 100 hours of Guided Learning (GL) to achieve the full qualification.

The main knowledge the learner will develop is:

- The anatomy, physiology and pathology of the body systems - to include the cell, skeletal, muscular, nervous, endocrine, respiratory, cardiovascular, lymphatic, digestive, urinary and reproductive systems

Opportunities for progression

Once learners have achieved the VTCT Skills (ITEC) Level 3 Diploma in Anatomy and Physiology they may progress on to other VTCT Skills or equivalent qualifications at level 3 for example:

- Level 3 Diploma in Complementary Therapies
- Level 3 Certificate in Massage
- Level 3 Certificate in Reflexology
- Level 3 Certificate in Aromatherapy

Relationship to National Occupational Standards

This qualification is mapped to National Occupational Standards where they exist and has ensured that best practice in the workplace has been reflected in the qualification, as well as ensuring that the qualification reflects the required level of knowledge of anatomy and physiology at level 3.

Qualification structure

To be awarded the VTCT Skills (ITEC) Level 3 Diploma in Anatomy and Physiology, learners must achieve the mandatory unit.

The minimum GLH required to achieve this qualification is 100

The minimum TQT required to achieve this qualification is 370

Table 1

Unit code	Mandatory units	Guided Learning Hours (GLH)	Unit reference number
iUBT435	Anatomy and physiology	100	J/617/7257

Guided Learning Hours (GLH)

Guided Learning Hours is 'the activity of a learner in being taught or instructed by – or otherwise participating in education or training under the immediate guidance or supervision of – a lecturer, supervisor, tutor or other appropriate provider of education or training'. This includes 'the activity of being assessed if the assessment takes place under the immediate guidance or supervision of a lecturer, supervisor, tutor or other appropriate provider of education or training'.

Total Qualification Time (TQT)

Total Qualification Time is the number of notional hours which represents an estimate of the total amount of time that could reasonably be expected to be required, in order for a learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of the qualification.

Assessment

This qualification will be internally and externally assessed via methods set out in Table 2 below. Once all underpinning knowledge has been completed the learner will have a final external multiple choice theory examination.

Table 2

Unit code	Mandatory units	Assessment	Grading
iUBT435	Anatomy and physiology	MCQ	Pass 50%-74% Merit 75%-89% Distinction 90-100%

Unit specifications and additional supporting material for this qualification can be found on the iTEC website.

Grading of the qualification

Learners must achieve a Pass grade or higher in the requisite number of units as specified in the rules of combination, see Table 1 above. Only mandatory units which are graded Pass/Merit/Distinction will contribute to the overall grade.

Theory examinations will be graded Pass/Merit/Distinction.

The overall qualification is graded Pass/Merit/Distinction.

Grade boundaries for units and the overall calculation for the qualification grade are open to annual review. Following this review, these boundaries and overall calculations can be adjusted by VTCT Skills. This review and possible change within a qualification are to ensure the standard of the qualification grade is upheld throughout the qualification's lifecycle.

Theory examination

All theory tests must be conducted in a controlled environment and follow the procedures defined by VTCT Skills. The theory tests will be set and marked by VTCT Skills. The centre is responsible for ensuring the examination can operate seamlessly by organising the process as defined in the 'Instructions for Conducting Examinations' which can be found on the VTCT Skills website.

Quality assurance

Delivery of the qualification

A scheme of work must be approved by VTCT Skills for all units prior to the commencement of the course.

Delivery of the qualification will encompass all of the assessment criteria, learning outcomes and underpinning knowledge identified by VTCT Skills in the design of the qualification.

Centre resources

The organisation delivering the qualification must provide a suitable classroom environment for teaching the VTCT Skills (ITEC) Level 3 Diploma in Anatomy and Physiology.

Achievement record

All units will require an Achievement Record to be completed by the lecturer for each learner. This achievement record will need to be kept by the centre and may be sampled by the external examiner or external quality assurer on their visit.

An Achievement Record for each unit can be downloaded from the VTCT Skills website.

Document History

Version	Issue Date	Changes	Role
v0.3	14/05/2019	Draft version published to inform centres prior to September launch.	Systems Integration Team
v1.0	13/09/2019	First published	Head of Qualifications and Processing
v2.0	03/12/2019	Added grade boundary review	Qualifications Administrator
V3.0	01/01/2025	New branding	Development Administrator
v4.0	17/07/2026	Rebranding	Development Administrator