



Qualification Specification

iBT3C21 - VTCT Skills (ITEC) Level 3 Certificate in Body
Electrical Treatments

610/6134/7

About VTCT Skills (ITEC)

VTCT Skills is a UK Government-approved awarding organisation which has awarded world class qualifications since 1962. Through our strategic approach to sectors we support, we aim to advance education, research and the public dissemination of knowledge, by helping to introduce new initiatives into the education system, to improve the employability and career prospects of learners.

More than 1000 approved centres now work with VTCT Skills, and the ever-expanding list extends across the UK, Ireland, and internationally. We acquired the internationally recognised awarding organisation and examination board ITEC in 2016, adding to our footprint. We also acquired education technology specialists Digital Assess in the same year, adding value for training providers with technology that can digitally capture and assess learners online, amongst other innovations.

ITEC was founded by Dr W.E. Arnould-Taylor who in 1947 was a distinguished physiologist who became a Fellow of the Royal Society of Medicine. Both Dr Arnould-Taylor and Wallace Sharps the founder of VTCT, devoted their lives to developing the standing of the industry and the furtherance of education in the sector. Today ITEC has a close working relationship with over 650 centres worldwide including Europe, South Africa, Asia Pacific and the USA.

For more information, please visit www.vtctskills.org.uk or contact our dedicated Customer Support Team via email; customersupport@vtct.org.uk or call +44 (0)23 8068 4500.

Qualification at a glance

Qualification title	VTCT Skills (ITEC) Level 3 Certificate in Body Electrical Treatments
Qualification number	610/6134/7
Product code	iBT3C21
First registration date	1 st August 2025
Age range	16+
Total Credits	22
Total Qualification Time (TQT)	224
Guided Learning (GL) hours	192
Assessment	<p>To be awarded this qualification, learners must successfully achieve the following assessments:</p> <ul style="list-style-type: none"> • Evidence of 5 treatments • Practical Examination • MCQ • Assignments
Grading	Pass/Merit/Distinction
Entry requirements	<p>It is recommended that Learners should have achieved a level of education equivalent to five GCSEs at grade A*-C or a Level 2 Diploma in Beauty Therapy prior to commencing the VTCT Skills (ITEC) Level 3 Certificate in Body Electrical Treatments, however, exemptions may be made for adult returners with experience of the workplace</p>

Aims and objectives

The main aim of the VTCT Skills (ITEC) Level 3 Certificate in Body Electrical Treatments is to enable Learners to gain the necessary practical skills and knowledge in order to provide Body Electrical Treatments to the general public and to gain employment in the Beauty Therapy Industry. The qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further learning at Levels 3 and 4.

Content

This qualification is for Learners who want to work within the Beauty Therapy Industry. The qualification consists of 4 mandatory units with a total of 192 hours of Guided Learning (GL) to achieve the full qualification.

The main skills the Learner will perform are:

- Body Electrotherapy treatments – to include carrying out relevant tests, selecting, using and adapting products and equipment to suit the clients' treatment needs and body types and conditions such as Electro Muscle Stimulator, Galvanism, Microcurrent, Vacuum Suction and High Frequency
- Monitoring and maintaining health and safety in the salon

The Learner will also develop knowledge about client care and communication which is essential in order to work and be successful in the industry.

This qualification also provides:

- The related knowledge and understanding required to perform the electrical treatments outlined above effectively, in particular the anatomy and physiology of the body and common diseases and disorders that may affect whether a client should or should not receive treatment
- Opportunities for Learners to focus on the development of their wider skills in a beauty therapy setting, such as communicating with clients, working with others and problem solving
- Opportunities for Learners to develop a range of skills, techniques, personal qualities and attitudes essential for successful performance in employment as an Electrotherapist

Why choose iBT3C21 – VTCT Skills (ITEC) Level 3 Certificate in Body Electrical Treatments?

- This Qualification combines the full range of skills and knowledge for the Learner seeking employment or self-employment as an Electrotherapist at Level 3. There are other VTCT Skills (ITEC) Diplomas in Body Electrical Treatments at Level 3, however, they also contain the skills for performing Body Massage and Facial Electrical Treatments. This qualification enables the Learner to Specialise in Body Electrical Treatments only, ready for employment in the industry
- This Qualification is listed in the Ofqual Register of Qualifications
- This Qualification contains all the skills and knowledge required for employability at Level 3
- Learners may progress on to qualifications such as the VTCT Skills (ITEC) Level 3 Diploma in Spa and Body Treatments, the VTCT Skills (ITEC) Level 3 Diploma in Beauty Therapy, the VTCT Skills (ITEC) Level 3 Diploma in Advanced Beauty Therapy, the VTCT Skills (ITEC) Level 3 Apprenticeship in Beauty Therapy – General, the VTCT Skills (ITEC) Level 3 Apprenticeship in Spa Therapy and the VTCT Skills (ITEC) Level 4 Diploma in Salon and Spa Management or a Degree in Management at University

- This qualification does not form part of an Apprenticeship
- This qualification is recognised by all relevant professional bodies within the Beauty Therapy Industry for membership and insurance purposes at Level 3

Qualification structure

Unit code	Mandatory units	Credits	Guided Learning Hours (GLH)	Unit reference number
iUBT364	Provide Body Electrotherapy Treatments	11	104	T/617/4287
iUBT406	Working in the Beauty Related Industries	4	31	M/617/4353
iUCO79	Monitor and Maintain Health and Safety Practice in the Salon	4	29	A/617/4369
iUBT402	Client Care and Communication in Beauty Related Industries	3	28	Y/617/4346

Guided Learning for Mandatory units – 192

Total Qualification Time (TQT) – 224

Total Credits – 22

Guided Learning Hours (GLH)

Guided Learning Hours is ‘the activity of a learner in being taught or instructed by – or otherwise participating in education or training under the immediate guidance or supervision of – a lecturer, supervisor, tutor or other appropriate provider of education or training’. This includes ‘the activity of being assessed if the assessment takes place under the immediate guidance or supervision of a lecturer, supervisor, tutor or other appropriate provider of education or training’.

Total Qualification Time (TQT)

Total Qualification Time is the number of notional hours which represents an estimate of the total amount of time that could reasonably be expected to be required, in order for a learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of the qualification.

Total Credit Value

The total Credit Value for the qualification is equal to one tenth of the Total Qualification Time rounded to the nearest whole number

Delivery of the Qualification

A scheme of work must be approved by VTCT Skills (ITEC) prior to the commencement of the course for all units.

Lecturers should aim to deliver the theory and practical of each unit simultaneously, i.e., both theory and practical of each unit should be taught together to ensure the underpinning knowledge is being delivered at the same time as the practical skills. This will help to ensure that Learners understand

the structures they are working on as a result of combining delivery with the practical application of treatments.

Resources

The organisation delivering the qualification must provide a suitable environment for teaching the VTCT Skills (ITEC) Level 3 Certificate in Body Electrical Treatments as well as all equipment both fixed and free standing to complete all aspects of the qualification. Learners need to be made aware of the amount of consumables/towels they will be required to provide.

Assessment

The VTCT Skills (ITEC) Level 3 Certificate in Body Electrical Treatments will be internally and externally assessed using a variety of assessment methods as set out in Table 1 above.

Once the Learner has completed all the specified assessments for the qualification and has been awarded a Pass mark for all the evidence submitted, the Learner will have a Final External Practical Examination carried out by a VTCT Skills (ITEC) Examiner, who will also verify a sample of all the Learner's evidence that they have completed during their training to ensure it meets the VTCT Skills (ITEC) standard.

Table 1

Unit code	Mandatory units	Assessment	Grading
iUBT364	Provide Body Electrotherapy Treatments	Practical examination	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
		Evidence of 5 treatments	Pass or Refer
		MCQ paper	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
iUBT406	Working in the Beauty Related Industries	Assignment	Pass or Refer
iUCO79	Monitor and Maintain Health and Safety Practice in the Salon	Portfolio of evidence	Pass or Refer
		MCQ – paper or online	Pass 60% - 74% Merit 75% - 89% Distinction 90% - 100%
iUBT402	Client Care and Communication in the Beauty Related Industries	Assignment	Pass or Refer

All assessment criteria and sample assessment materials for this qualification can be found on the website.

Grading of the qualification

All assessment tasks/treatment evidence/case studies required for each unit of the qualification (detailed in Table 1) must be completed and awarded at least a Pass mark before the complete qualification can be certificated.

The overall qualification is graded Pass (60% - 74%), Merit (75% - 89%), or Distinction (90% - 100%). This is formed by the aggregate of the multiple-choice exams and the final practical examination.

Controlled assessment

All theory tests must be conducted in a controlled environment and follow the procedures defined by VTCT Skills (ITEC). The theory tests will be set and marked by VTCT Skills (ITEC).

All practical assessments must be conducted in a controlled environment defined by VTCT Skills (ITEC). The practical examination will be conducted by an external examiner; however, the centre is responsible for ensuring the examination can operate seamlessly by organising the process. You must adhere to the 'Regulations and Procedures for Operating Practical Examinations' which can be found on the website. The marking criteria and marking scheme can be found under each individual unit within the qualification.

Failure to operate examinations as documented in the 'Regulations and Procedures for Operating Practical Examinations' may result in sanction(s) against the centre e.g. withdrawal by VTCT Skills (ITEC) for a particular qualification and/or withdrawal of VTCT Skills (ITEC) recognition from the centre due to maladministration and/or malpractice.

Assignments

- The assignments form part of the internal assessment and should be assessed throughout the training
- Assignments must be completed in the Learner's own time. The Lecturer must monitor the quality of the documentation throughout the Learner's training to ensure that they meet the VTCT Skills (ITEC) criteria. The criteria is detailed on the Assignment Guidance and Assessment Forms
- The Assessment Forms for each unit should be completed and placed with the relevant documentation for verification by the VTCT Skills (ITEC) External Examiner
- Units iUBT406 and iUBT402 will be assessed by an assignment

Treatment Evidence/Case Studies

Learners are required to provide evidence of treatments and/or case studies that they have performed on clients during their training under the supervision of the lecturer who will monitor the quality of the treatments in order to ensure that they meet the criteria.

- The criteria are detailed on the Treatment Evidence Guidance Forms. They are graded Pass or Refer
- The evidence is formed by a completed Consultation Form. This can be stored in the VTCT Skills (ITEC) E-portfolio
- The learner will need to provide 5 treatment evidence for unit iUBT364

Practical Assessment

Once all aspects of the mandatory units have been completed, learners will be expected to complete an internal practical assessment. This will be undertaken by the internal assessor/lecturer using the internal assessment forms. These must be handed to the external examiner on the day of the final external practical examination.

- Learners will be expected to perform the following treatments:

Practical Examination sequence – Total approximately 1 hour and 15 minutes

- Unit iUBT364 – Provide Body Electrotherapy Treatments
 - Client consultation and body analysis (30 minutes)
 - Body electrics (total 3 treatments – 45 minutes)
 - Body electrical machines will be demonstrated - G5 (compulsory) plus 2 from the following: Galvanism, Microcurrent, Vacuum Suction, Faradism
- Oral questions may be asked at any time during the examination
- Consultation Forms must be filled in by each Learner for each unit and made available for the VTCT Skills (ITEC) External Examiner to check. These should be reviewed and completed at the end of the treatment and will be taken away by the Examiner
- Learners will be expected to demonstrate excellent hygiene and client care throughout as well as competence in their relevant skills
- The Examiner may reduce the treatment timings, as the examination is a demonstration of the Learner's professionalism and their accomplished technique
- Approximate time allocated for changeover of practical examination groups – 15 minutes

Multiple-choice Tests

Each question is formatted in the same way:

- 1 stem (the question)
- 1 key (the correct answer)
- 3 distractors (incorrect answers)
- The Learner must indicate the answer they believe is correct by placing a mark in the appropriate box on the answer sheet

Multiple-choice tests are used for units iUBT364 and iUCO79 - Online testing of all relevant units is also available

Recommended prior learning

It is recommended that Learners should have achieved a level of education equivalent to five GCSEs at grade A*-C or a Level 2 Diploma in Beauty Therapy prior to commencing the VTCT Skills (ITEC) Level 3 Certificate in Body Electrical Treatments, however, exemptions may be made for adult returners with experience of the workplace

Opportunities for progression

Once Learners have achieved the VTCT Skills (ITEC) Level 3 Certificate in Body Electrical Treatments they may progress on to other VTCT Skills (ITEC) or equivalent qualifications at Level 3 and 4 for example:

- Level 3 Diploma in Advanced Beauty Therapy
- Level 3 Certificate in Spa Treatments

- Level 4 Diploma in Salon and Spa Management or a Degree in Management at University
- Level 4 Diploma in Advanced Skincare
- Level 4 Diploma in Laser and Light Treatments
- Level 4 Certificate in Laser and Light Treatments for Hair Removal
- Level 4 Certificate in Laser and Light Treatments for Skin Rejuvenation

Opportunities for employment

There are opportunities for the VTCT Skills (ITEC) Level 3 Certificate in Body Electrical Treatments to find employment in a variety of areas:

- Beauty salon
- Spa
- Hotel or resort
- Health club

Relationship to National Occupational Standards

This qualification has mapped to National Occupational Standards where they exist and has ensured that best practice in the workplace has been reflected in the qualification. This qualification is linked to the relative job roles as well as ensuring that the qualification reflects the required level of knowledge and ability for the Electrotherapist at Level 3.

Professional body membership and insurance

This qualification is recognised by relevant professional bodies within the complementary therapy industry for membership and insurance purposes. Professional Indemnity and Public Liability Insurance can be obtained where applicable.

Document History

Version	Issue Date	Changes	Role
V1	01/08/2025	First published	Development Administrator