

# Test Specification

## iUSP160 – Anatomy and physiology for sports massage

<b>External assessment method:</b>	Multiple Choice Question Paper	
<b>Duration of external assessment:</b>	30 minutes	
<b>Pass mark:</b>	50%	
<b>Grading:</b>	Pass, Merit or Distinction	
<b>Frequency of external assessment:</b>	On demand (once ALL hours for the unit have been completed)	
<b>Learning outcomes to be assessed:</b>	All learning outcomes will be assessed	
<b>Format of questions:</b>	Stem, 1 key and 3 distracters	
<b>Number of questions</b>	25 questions	
<b>Distribution of questions:</b> Each question will be allocated one mark	<u>Topic</u> <ul style="list-style-type: none"> <li>• Structural organisation of the human body</li> <li>• Structure, functions of the skin</li> <li>• Structure and functions of the skeletal system</li> <li>• Structure and function of joints</li> <li>• Structure and function of the muscular system</li> <li>• Structure and functions of the nervous system</li> <li>• Structure and functions of the endocrine system</li> <li>• Structure and functions of the cardiovascular system</li> <li>• Structure and functions of the respiratory system</li> <li>• Structure and functions of the lymphatic system</li> <li>• Structure and functions of the digestive system</li> <li>• Structure and functions of the urinary system</li> <li>• The effects of Sports Massage on the body systems</li> </ul>	<u>No. of questions per paper</u> <ul style="list-style-type: none"> <li>- 2</li> <li>- 2</li> <li>- 2</li> <li>- 2</li> <li>- 2</li> <li>- 2</li> <li>- 2</li> <li>- 2</li> <li>- 2</li> <li>- 2</li> <li>- 2</li> <li>- 1</li> </ul>
	<u>Topic</u> <ul style="list-style-type: none"> <li>• Structural organisation of the human body</li> </ul>	<u>Learning outcomes</u> <ul style="list-style-type: none"> <li>- 1.1 – 1.5</li> </ul>

outcomes in the unit specification for iUSP160 as follows:	<ul style="list-style-type: none"> <li>• Structure, functions of the skin</li> <li>• Structure and functions of the skeletal system</li> <li>• Structure and function of joints</li> <li>• Structure and function of the muscular system</li> <li>• Structure and functions of the nervous system</li> <li>• Structure and functions of the endocrine system</li> <li>• Structure and functions of the cardiovascular system</li> <li>• Structure and functions of the respiratory system</li> <li>• Structure and functions of the lymphatic system</li> <li>• Structure and functions of the digestive system</li> <li>• Structure and functions of the urinary system</li> <li>• The effects of Sports Massage on the body systems</li> </ul>	<ul style="list-style-type: none"> <li>- 2.1 – 2.2</li> <li>- 3.1 – 3.4</li> <li>- 4.1 – 4.5</li> <li>- 5.1 – 5.7</li> <li>- 6.1 – 6.3</li> <li>- 7.1 – 7.3</li> <li>- 8.1 – 8.6</li> <li>- 9.1 – 9.4</li> <li>- 10.1 – 10.5</li> <li>- 11.1 – 11.2</li> <li>- 12.1 – 12.2</li> <li>- 13.1 – 13.3</li> </ul>
<b>Administration of external assessment:</b>	For security required of centres and for the administration of examination papers, please refer to 'Instructions for Conducting Examinations' which can be found on the website.	

## Document History

Version	Issue Date	Changes	Role
1	04/02/2020	First Published	Assessment Lead for Sport